

TĒNĀ KOUTOU, TAMARIKI MĀ,

tirohia tā tātou pānui ngahuru the autumn pānui!

IN THIS ISSUE

We are celebrating autumn – it's ngahuru!

We have heaps of activities, games and challenges inside! Start now!

Easter recipes, tips and activities!

School holiday scavenger hunt!

Ngā Kaitiaki Moni has a new look!

We've made some changes – see inside for more! Now for 5-12 YEAR OLDS!

BE IN TO WIN!

Competitions inside!

ISSUE 13

KIA ORA, TAMARIKI MĀ!

Haere mai, welcome to Ngā Kaitiaki Moni Pānui Ngahuru, where we are celebrating autumn and the Easter holidays!

We're making some changes, e te whānau!

Ngā Kaitiaki Moni is now a club for tamariki aged 5-12 years! We'll still have all the same pānui, challenges and activities you know and love. Plus, we have a brand-new website!

CHECK IT OUT AT >

www.whairawa.com/tamariki

Turning 13 soon?

Kei te pai – we have something exciting coming soon for our rakatahi.



Keep an eye out, we can't wait to get you on the waka!





Of course, our kaitiaki are coming along for the ride!



COIN TIME

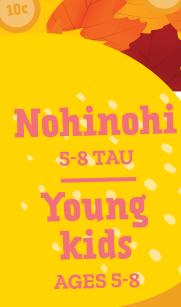
Manawa has lost 10 of his coins in the Autumn leaves.

Let's help him to find them all!

Did you find all the coins, tamariki mā?

If you add up all his coins how much moni does he have?

\$



PĀTAI TIME

What is your favourite thing to do in Autumn, tamariki mā?

AUTUMN ACTIVITIES



SUDOKU

Have you done a sudoku before, tamariki mā?

The goal is to fill a grid and have each row and column containing the numbers 1 through to 4, 6 or 9 (depending on how many squares your grid is!). Remember, you are not allowed to repeat any numbers in each column or row.

Here are some different options for you to try!

4X4	SUD	OKU

6X6 SUDOKU

9X9 SUDOKU

4		
	1	
3		
	2	

6A6 SUDOKU					
1				2	
	2				
			5		
5				4	
		1		3	
			2		
		2	5	2	

			3		1	6		2
	2					7	1	
		8		7				
2	4		5	3	8	1	9	
9	8							3
7	5		1	2		4	6	8
		2	8		7		4	
	1							6
	3	4	9	1				

MAZE

Taiohi
8-12 TAU
Middle

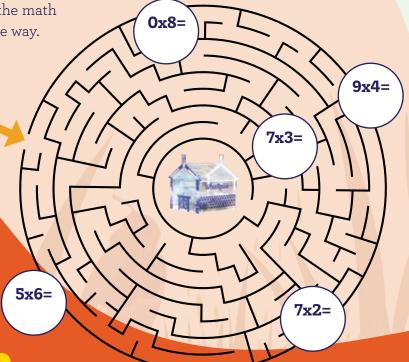
ACEC 9-12

Help the coin find its way into the Whai Rawa pātaka, tamariki mā!

Complete the math tasks on the way.



AUTUMN ACTIVITIES





2 \

8 9 6 7

3 8 9 I 6 8

8 9

9 4

τ

3 2

SCHOOL HOLIDAY SCAVENGER HUNT

Let's get outside these holidays! Ask your whānau to join you on a scavenger hunt and see what you can find.



Kā pakeketaka katoa

AUTUMN ACTIVITIES



Be into win – share your completed hunt with us and be in to win an outdoor prize pack!

Ask a whānau member to post on our Facebook page or send us an email!

www.facebook.com/whairawa

whairawa@ngaitahu.iwi.nz

Competition closes 30 April 2023

General Giveaway Terms can be found here:
www.whairawa.com/tamariki/general-terms
-for-giveaways

EASTER EGG ROCKY ROAD



Kā kīnaki | Ingredients

- **150 gram** unsalted butter, chopped
 - 1/4 cup firmly packed brown sugar
- **300 gram** chopped dark chocolate
- 1/2 cup unsalted pistachios or any nuts
- **10** mini chocolate easter eggs
- 1/3 cup mini marshmallows (or chop up normal marshmallows)
- 150 gram chopped shortbread biscuits
- 150 gram chopped gummy lollies
- 1/2 cup shredded coconut



Method

- Line a 15cm (base measurement) square cake pan with baking paper, extending paper at two sides for handles. Melt butter and sugar in a saucepan over low heat; cook and stir for 2 minutes or until sugar dissolves. Add chocolate; cook and stir for 3 minutes or until melted and smooth. Cool for 10 minutes.
- 2 Add nuts, easter eggs, marshmallows, biscuits and lollies.

Stir gently to combine. Transfer to prepared pan. Gently press down to compress mixture; level surface. Sprinkle top with coconut; press into chocolate mixture.

- 3 Chill for 2 hours or until set.
- **Remove slice from pan.** Cut into squares and serve!

Tamariki!
Ask an adult to
help with the
chopping and
cooking over the
stove.



He Toa Taiao

Did you know that Easter eggs are one of the most over-packaged products on the market today?

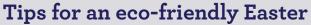
This means that as kaitiaki of the whenua, we need to be extra mindful this Easter and remember these recycling rules:

Recyclable

- » Easter egg foil: If you are in Dunedin, Tauranga or Auckland, then the foil from your Easter eggs can be recycled in your curbside recycling. For all other centres please check with your council.
- » Easter Egg Boxes: Cardboard and paper packaging around Easter eggs can be recycled just not soft plastic wrapping.

Not Recyclable

» Hot Cross Bun Bags: Soft plastics, or plastic that you can scrunch in your hand is not recyclable in your yellow recycling bin. However, you can dispose of soft plastic bags at your local supermarket soft plastics recycling collection bin.





Kia ora, tamariki!

He Toa Taiao is back and taking on the Easter school holidays.



Wash hard boiled eggs in warm water to remove any oily residue that can affect the colour dyeing process and let cool before dying.

Egg Decorating Activity

Decorating Easter eggs is a fun and creative Easter activity for the whole whānau to get involved in. Rather than paint using natural dyes like in this activity can help reduce the amount of chemicals running into our waterways.

It is possible to make your own natural dyes from fruits, vegetables and spices found in your kitchen by boiling 4 cups of water, 2 tablespoons of white vinegar and simmer with the ingredients for 30 minutes.

To start you off, try the below!

Bright blue: Red cabbage or

red onion skins

Pounamu green: Spinach leaves

Yellow: Orange or lemon peels

or ground turmeric

Pink: Beetroot or raspberries

There is no exact amount for each of the above ingredients to use, put a couple of handfuls of each of the bigger items and a few tablespoons of the spices. Let the water boil for a while and see how brightly coloured the water is!



A huge mihi to those who took part in our Pakihi Challenge in January!

The judges loved seeing every single pakihi come to life and were so impressed and inspired by you all – ka mau te wehi, e hoa mā!

Check out our winners!











Ruby-May from Canterbury

Tora from Gisborne

YOU CAN FIND ALL THE ENTRIES AT >

www.whairawa.com/tamariki/pakihi-challenge-entries/

Tūhono Mai

To stay connected with us

- » New Zealand freephone 0800 942 472
- » Calling from overseas +64 3 366 4344
- » You can reach us between 8.30am and 5.00pm Monday to Friday, except public holidays.
- » Find us online at www.whairawa.com
- » Find us on www.facebook.com/whairawa

We'd love to see what you're up to!

You can ask Mum, Dad or a whānau member to post on social media using the hashtag **#kaitiakikid** for the chance to win some awesome prizes.

They can also help you send us a photo of you with your Kaitiaki Moni certificate, playing some of the games or helping your whānau and friends.

We can't wait to see what you get up to!



Ngā Kaitiaki Moni is brought to you by Whai Rawa Fund Limited. Whai Rawa Fund Limited is the issuer of the Whai Rawa Unit Trust. A copy of the Product Disclosure Statement is available at www.whairawa.com/pds.

