

WhaiRawa NGĀI TAHU

Ngā Kaitiaki Moni

MONEY GUARDIANS

IN THIS ISSUE

We are celebrating the start of spring – we have heaps of activities for you to enjoy, competitions to enter, and much more!

Lots of fun activities & challenges to complete!

Pūtea projects

Check out your mīharo entries from Te Marama o kā Wero

Outdoor fun!

TĒNĀ KOUTOU, TAMARIKI MĀ,

tirohia tā tātou
pānui kōaka –
the spring pānui!



Grow your own kai!

We have included a bonus seed packet inside so you can grow some lettuce for your whānau!

BE IN TO WIN!

Competitions inside!

ISSUE 14

KIA ORA, TAMARIKI MĀ!

Haere mai, welcome to Ngā Kaitiaki Moni Kōaka Pānui,
where we are celebrating the start of kōaka/spring!

Have you checked out our new website, tamariki mā? We have lots of fun activities and games you can print out and do with your whānau!

www.whairawa.com/tamariki



Remember!

Ngā Kaitiaki Moni is now
a club for our 5-12 year
old tamariki!

If you're aged 13 or over we
have something exciting
coming soon for our rakatahi!

Parris Island Cos Lettuce



GROW YOUR OWN KAI!

We have included a packet of Parris Island Cos lettuce seeds for you to plant and grow with your whānau!

The planting season for these lettuces is from Early Spring to Early Autumn, so time to get planting tamariki mā! The beginning of the growth of a seed into a seedling is known as Germination, read the information below to learn more about planting this lettuce!

Plant them in a pot and watch them grow! Here are some tips (get your whānau to help you and remember to wash your hands after):

- » lettuce like shade, plant a few seeds in a pot and keep them out of the full sun
- » plant a handful of seeds into a pot (poke a hole in the soil with your finger and pop the seed in). Water and wait for the seeds to sprout. It should take around 10-14 days.
- » Once the seeds are sprouted you can move them into your garden to grow bigger. Look out for bugs that will eat your lettuces though!

We can't wait to see what you grow tamariki mā! You'll be amazed at how little seeds turn into huge lettuces and how you can help feed your whānau this way. Send us pictures of your gardens!

Parris Island Cos



Suitable for transplanting



30cm wide planting space



Germination Period: 5-25 days



Optimum Germination
Temperature: 5-15 degrees



COLOURING-IN



We have an outdoor prize pack for you to win!

Ask a whānau member to take a photo of your colouring in and post on the Facebook page www.facebook.com/whairawa with the hashtag #kaitiakikid or send us an email at whairawa@ngaitahu.iwi.nz

Competition closes 20 October 2023

General Giveaway Terms can be found here: www.whairawa.com/tamariki/general-terms-for-giveaways



Worth over
\$60!

Te Marama o kā Wero

The Month of Challenges
RECYCLING EDITION

Create something out of natural resources!



Make something out of old paper or card!



Tom



Kora



Gabriel



Emi



Lily



Natalya



Reuben



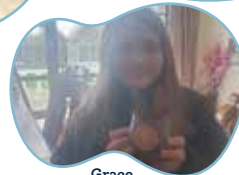
Akuhata



Joseph



Dahlia



Grace



Tora



Liam



George



A huge mihi to everyone who took part in Te Marama o kā Wero, we were so impressed with your entries - tino pai tō mahi tamariki mā!

This recycling challenge took place over the month of July, and tamariki had 5 challenges to complete using recycling from around their whare.

You can check out some of the mīharo creations – can you see yours?!

WhaiRawa NGĀTĀNU

He Toa Taiao

EARTH GUARDIANS

Champions for the Earth!

Make something out of old jar lids, bottle caps or tops!

What can you use old bottles for?

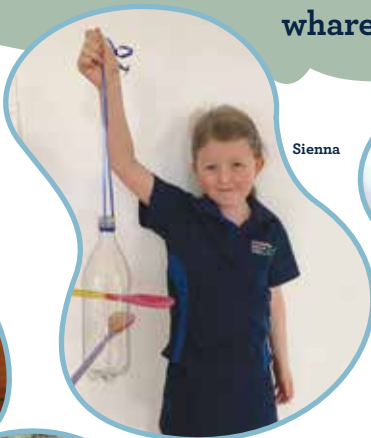
Find something in your whare to tukurunga!



Micha



Ranveer



Sienna



Kahu & Ahika



Rosie



Violet



Jasper



Cayden



Jake



Paige



Eva



Simeon



Avery



Avalyn



Henley & Kirra



Maia



Jimmy



Sahra



Iris



CAN YOU SOLVE THESE MATH PUZZLES?



1

If Marama puts \$30 into her Pātaka money box, but takes out \$5 to buy a toy, how much money does she have left over?

2

Te Hau has \$10 and takes Tāne to the shops to get aihikirīmi – they cost \$3.50 each... how much do they have left once they buy 2?

3

If I have:
6x 10c coins
2x \$2 coins
5x 20c coins
1x 50c coin
How much money do I have?

4

Extra for Experts! How many cents do I have?

Counting your pocket money! Remember: 100c = 1 dollar!

10c + 50c + 1 dollar =

20c + 10c + 10c + 50c =

20c + 2 dollars + 10c + 1 dollar =

5 dollars + 10 dollars + 10c + 20c =

ANSWERS
1. \$25
2. \$3
3. \$6.10
4. 160 cents, 90 cents,
330 cents, 1580 cents

CREATE YOUR OWN PŪTEA PERSON!

What do you think pūtea (money) would look like if it could talk and walk just like you?

Are they tall or short? Do they have 5 eyes and 3 legs? Do they even have a tail?

Use supplies you can find around your whare to make the person that can help you save or spend your pūtea!



Can you make your pūtea person stand up on their own?!

PŪTEA PROJECTS

He Toa Taiao

Tamariki mā we know you loved our challenge month focusing on upcycling and recycling so here is one more challenge for you!



Recommended Supplies:

- » Paper or card
- » Old containers or jars, wooden spoon or cardboard tubes
- » Cut up old shirts, tea towels, tablecloths, or material for their clothes!
- » Old hats
- » You could even use pieces of cut up newspaper as the hair and toilet paper rolls as the arms and legs.

**Let your imagine run wild, tamariki mā!
We can't wait to see your creation!**

Recycled Money Box

Use items you've recycled from around your whare to make your own Money Box.

Saving your pocket money to buy a treat for yourself can be really rewarding when you've saved for a super long time. What better way to save your hard-earned money than in a money box you designed yourself!

Some ideas:

- » **Using old Jars or biscuit tins** from around the house are a great idea as the strong metal or glass will keep your money safe (if you save lots of coins, it will get heavy!).
- » **Draw some cool pictures** on the jar or tin or cut out or print out some of your favorite book or TV characters so you can let everyone know that this is your money box!
- » **Use a small box to create something mīharo!** Use paint or stickers to give your box that superstar touch so that you never forget which box is yours.
- » If you're using a box or something that doesn't have a lid **make sure you cut out a small hole for your money** to fit or else you'll have no way to keep your money safe! You can also cut a hole in the bottom of the box too to get your pūtea out.
- » **Put your name on your money box** in super big letters to let everyone know that this is your money box!

BE IN TO WIN!

Send in a photo of your Pūtea Person or Money Box to be in to win!

We have brand new Whai Rawa pencil cases to give away!

Ask a whānau member to take a photo of your creation and post on the Facebook page www.facebook.com/whairawa with the hashtag #kaitiakikid or send us an email at whairawa@ngaitahu.iwi.nz

Competition closes 20 October 2023

General Giveaway Terms can be found here: www.whairawa.com/tamariki/general-terms-for-giveaways



KIMI KUPU / WORD FIND

How fast can you find the words?



- Tamariki
- Springtime
- Putiputi
- Butterfly
- Picnic
- Pūtea
- Hei Mahi
- Outdoors
- Blossom
- Seasons
- Daffodils
- Lambs
- September
- Kōaka
- Sprout

A	S	S	D	F	P	G	H	S	N	O	S	A	E	S
J	R	K	L	B	P	Ū	O	I	U	Y	T	R	P	E
W	O	Q	Z	B	X	C	T	V	B	N	M	L	U	K
J	O	H	G	U	F	L	D	E	S	A	Q	W	T	E
B	D	N	M	T	P	A	O	I	A	U	Y	T	I	R
V	T	C	X	T	A	M	A	R	I	K	I	Z	P	A
A	U	Q	W	E	E	B	R	T	Y	U	I	O	U	P
K	O	A	S	R	F	S	P	R	O	U	T	V	T	B
Ō	C	D	A	F	F	O	D	I	L	S	B	N	I	M
A	Z	X	B	L	O	S	S	O	M	C	V	B	N	M
K	D	F	G	Y	H	J	K	L	C	I	N	C	I	P
A	S	P	R	I	N	G	T	I	M	E	T	Y	U	I
S	A	Q	W	E	R	R	E	B	M	E	T	P	E	S
A	S	X	C	I	H	A	M	I	E	H	B	N	M	P

**SPRING
ACTIVITIES**

SPOT THE DIFFERENCE!

There are 10 differences between the two pictures – can you find them, tamariki mā?



BACKYARD OLYMPICS!

Here are some ideas to get you outdoors this Spring!

Running, kicking, throwing... can you do it all?

Challenge your whānau and hoa mā to different challenges outside. Can you think of 3 different games to challenge your whānau?

Make sure to write down everyone's scores to see who does the best.

Ideas:

- » Go to your backyard or the closest park and see can **throw** the furthest with their right hand, and then try with their left hand.
- » Make a **hurdles** race – use items from your whare and set them up as hurdles and race your whānau!
- » **Tug of war**
- » Or maybe see who can **kick** the ball the furthest with their right foot and then their left foot!



Top Tip!

Cut out some circles and colour them in gold silver and bronze, just like at the real Olympics! Don't forget to add some string by making a small hole through the medal and then run the string through the hole to wear your medals around your neck.

SPRING
ACTIVITIES

PICNIC TIME!

Make the most of sunny Spring days and go on a picnic with your whānau and e hoa mā! Here are some kai ideas to make before you go.

FAIRY BREAD



Kā kīnaki | Ingredients

- Bread
- Sprinkles
- Spreadable Butter (Margarine)



Method

- 1 Get your bread slices (as many as you want) and spread your spreadable butter.
- 2 Cut your bread into triangles.
- 3 With a teaspoon, sprinkle on your sprinkles onto your bread.

Fairy bread is a yummy and colourful treat for a sunny spring afternoon picnic.



Top Tip!

If you love chocolate, use chocolate spread instead of the spreadable butter for that chocolate hit.

RICE BUBBLE SLICE



Kā kīnaki | Ingredients

- 4 cups of rice bubbles
- Butter
- Honey or golden syrup
- Brown Sugar
- Sprinkles or chocolate chips



Method

- 1 Melt the butter, sugar and honey (or golden syrup) in a large pot on the stove (ask a whānau member to help!)
- 2 Keep stirring until it starts to bubble and the sugar has dissolved.
- 3 Turn off the heat, add the rice bubbles and stir until all combined.
- 4 Pour the mixture onto a tray lined with baking paper, spread out until it is the thickness you like.
- 5 Add sprinkles, chocolate chips or anything else you want to add.
- 6 Set in the freezer for 20 minutes or fridge for 1-2 hours.

This slice is easy to make and super tasty – the perfect treat to take on a picnic and share with your whānau and e hoa mā!



This year Te Wiki o te Reo Māori ran from 11-17 September – did you take part in the Māori Language Moment, tamariki mā?

If you missed it, here are some things you can do!



**KIA KAHA
TE REO MĀORI**



WHAKARONGO LISTEN

Listen to the soundtrack of a Disney reo Māori Movie!



KŌRERO SPEAK

Learn your pepeha or a karakia



PĀNUI READ

Read a pukapuka or make labels for things around your whare so you can read them each day!



WAIATA SING

Learn a waiata and perform it to your whānau

Tūhono Mai

To stay connected with us

- » New Zealand freephone
0800 942 472
- » Calling from overseas
+64 3 366 4344
- » You can reach us between 8.30am and 5.00pm Monday to Friday, except public holidays.
- » Find us online at
www.whairawa.com
- » Find us on
www.facebook.com/whairawa

We'd love to see what you're up to!

You can ask Mum, Dad or a whānau member to post on social media using the hashtag **#kaitiakikid** for the chance to win some awesome prizes.

They can also help you send us a photo of you with your Kaitiaki Moni certificate, playing some of the games or helping your whānau and friends.

**We can't wait to see
what you get up to!**



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