

WhaiRawa NGĀI TAHU

Ngā Kaitiaki Moni

MONEY GUARDIANS

TĒNĀ KOUTOU, TAMARIKI MĀ,

tirohia tā tātou
te pānui takurua –
the winter pānui!

IN THIS ISSUE

Fun games and activities

Learn about money goals

Winter colouring in competition

He Toa Taiao – Earth
Champions investigate
Plastic free July



It might be cold outside tamariki mā
but we have lots to keep you entertained!

Head to our website for more activities

www.whairawa.com/tamariki

ISSUE 17



KIA ORA, TAMARIKI MĀ!

Welcome to your winter pānui – te pānui takurua!

Here you'll find lots of fun games and activities to keep you busy over the holidays, and we learn about setting money goals.

Plus, to celebrate Plastic Free July we share some more tips on how to be a great kaitiaki of our whenua. He Toa Taiao – Earth Champions!

EASTER CHALLENGE!

A huge mihi to everyone that took part in our Ngā Kaitiaki Moni Easter Challenge!

We loved seeing your stories, poems, baking, rock painting and how you helped your whānau, tino pai tō mahi tamariki mā! Check out some of the entries below!



Rosa



Billy



Gia



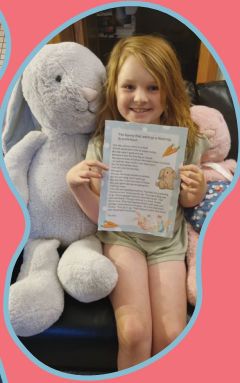
Ranveer



James



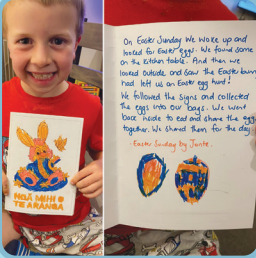
Iris



Sophie



Poppy



Jonte



Mischa



Maia



Kūkupa



Olive



Nayvia
Oliver



Mihirangi



Jack



Samson





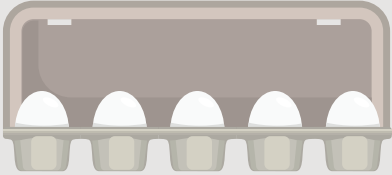

Mini car
\$14



Block of chocolate
\$5



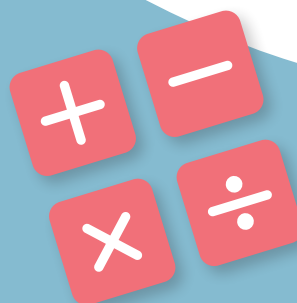
Bag of apples
\$4



Carton of eggs
\$8

MONEY MATCHING

Count the money in each money box and draw a line to match it to the item of the same amount.



KIMI KUPU / WORD FIND

Can you find the winter words?

There are 8 to be found – then see if you can spot these in the game I Spy!

- Snowman
- Jacket
- Beanie
- Scarf
- Skiing
- Boots
- Skating
- Gloves
- Snowflake

S	Q	S	K	A	T	I	N	G	J
E	W	N	E	R	T	Y	S	A	U
V	B	O	O	T	S	O	C	I	G
O	P	W	A	S	D	K	A	F	N
L	L	F	K	J	E	H	R	G	I
G	Z	L	X	T	C	V	F	B	I
B	E	A	N	I	E	P	N	M	K
O	I	K	U	Y	T	R	R	E	S
U	P	E	G	F	D	S	A	Q	W
S	L	H	S	N	O	W	M	A	N

I SPY

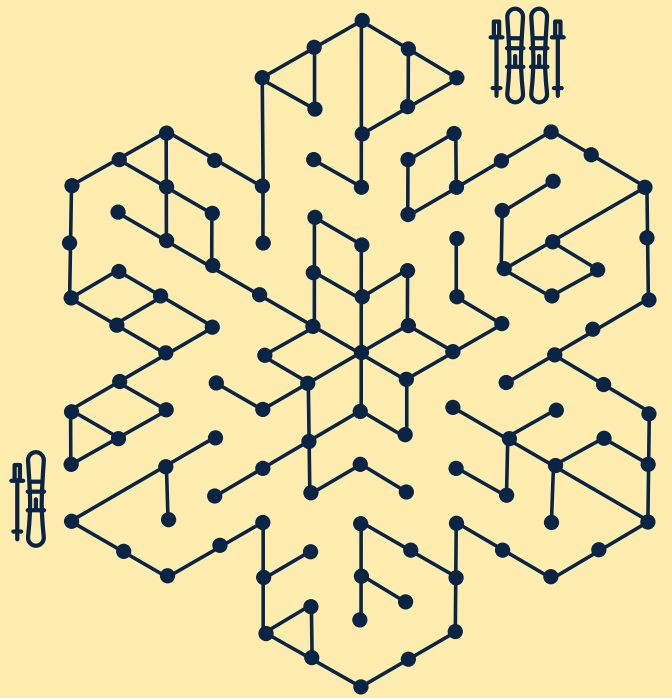
Can you spy the items below from the winter word find?



WINTER ACTIVITIES

SNOWFLAKE MAZE

How fast can you get through the snowflake mazes?



SPOT THE DIFFERENCE!



There are 10 differences between the two pictures – can you find them, tamariki mā?



MONEY GOALS

Setting money goals is a great way to learn about saving and spending wisely! By deciding what you want to save for, like a new toy or a special treat, you can understand the value of money and how to manage it. You can also set bigger goals, like saving for something important in the future.

When you set and reach your money goals, you learn to be patient and careful with your money. Talking about whānau budgets and how much things cost can also help you understand why it's important to plan and save. This way, you'll be ready to handle your own pūtea as you grow up!

Have you heard of **SMART** goals before, tamariki mā? Using **SMART** goals helps you focus, stay motivated, and feel proud when you achieve what you set out to do! **SMART** means:

SPECIFIC

Make sure your goal is clear and detailed. Instead of saying "I want to save money," say "I want to save \$10 to buy a new book."

MEASURABLE

Your goal should have a way to track your progress. For example, you can keep a chart of how much money you've saved each week.

ACHIEVABLE

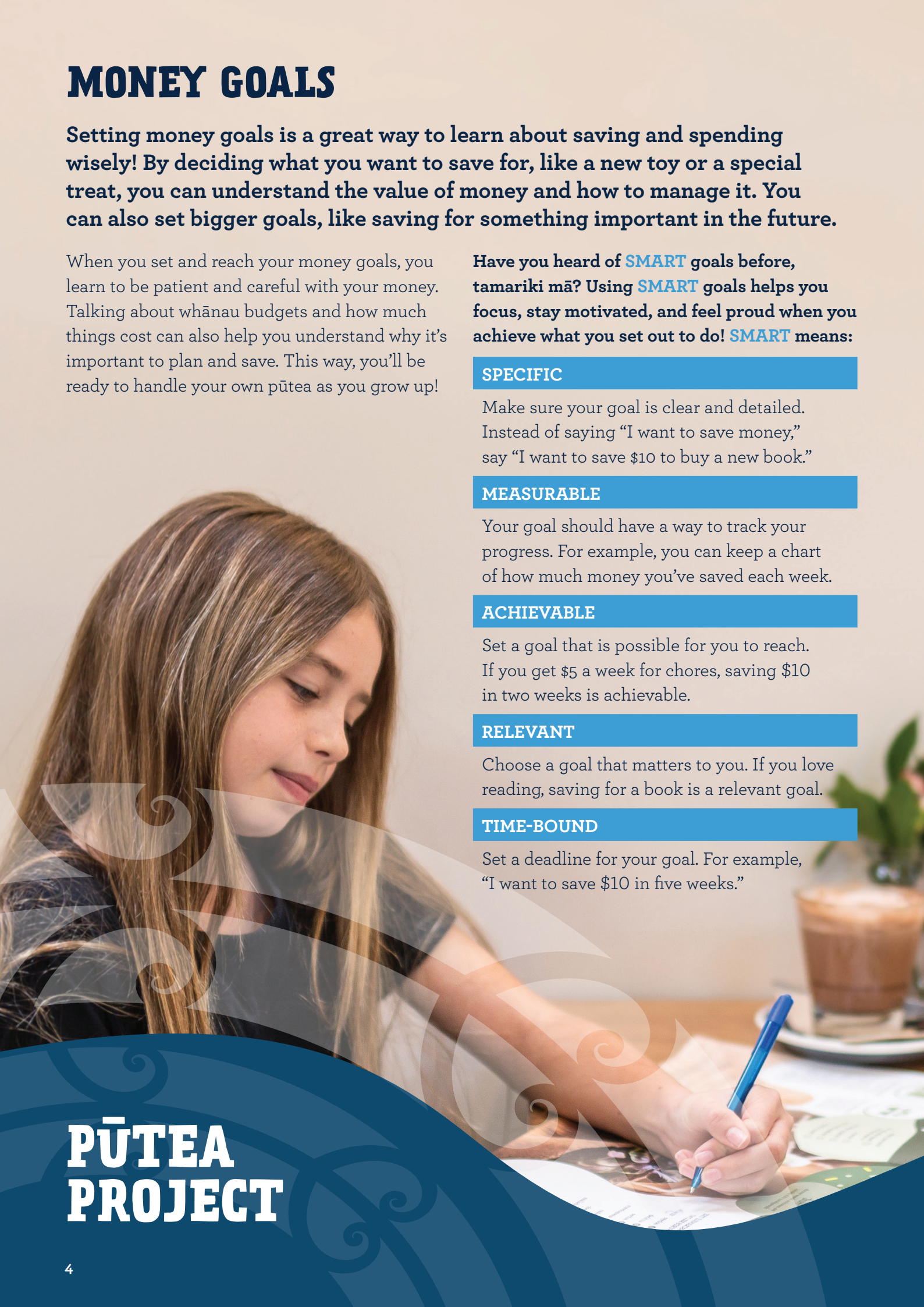
Set a goal that is possible for you to reach. If you get \$5 a week for chores, saving \$10 in two weeks is achievable.

RELEVANT

Choose a goal that matters to you. If you love reading, saving for a book is a relevant goal.

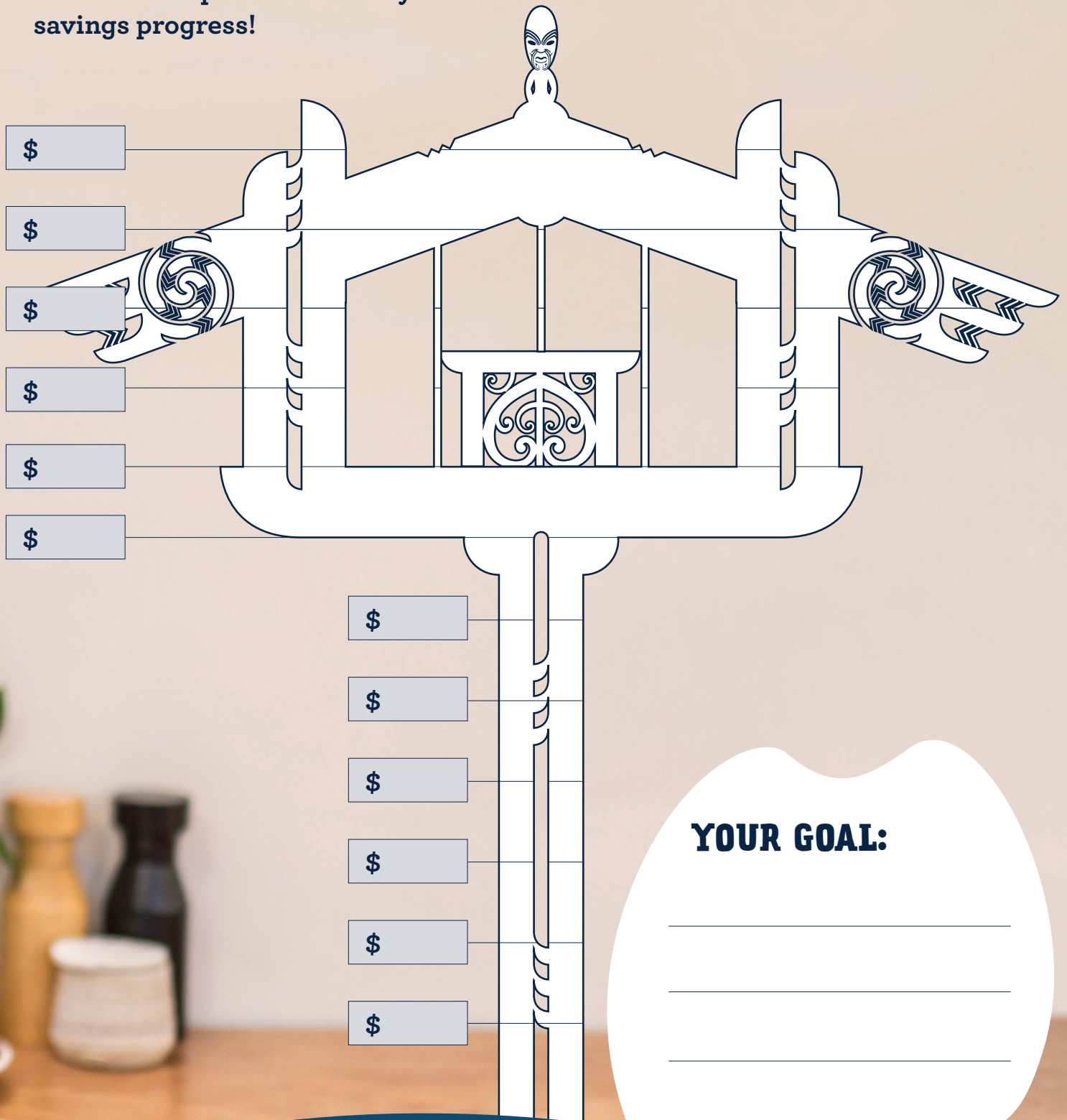
TIME-BOUND

Set a deadline for your goal. For example, "I want to save \$10 in five weeks."



**PŪTEA
PROJECT**

Write your SMART goal below and colour in the pātaka to track your savings progress!



YOUR GOAL:

Example: I want to save \$10 in five weeks to buy a new book.



He Toa Taiao

Plastic Free July

Champions
for the Earth!

For more information on
Plastic Free July visit

www.plasticfreejuly.org

Plastic Free July is a global movement that helps millions of people be part of the solution to plastic pollution – so we can have cleaner streets, oceans, and beautiful communities.

Check out some top tips on how to reduce plastic waste!



Bring your own **reusable shopping bags** and help reduce plastic waste.



Refuse plastic straws when buying a drink & BYO reusable alternative!



Swap liquid soap for **bar soaps** and avoid single-use plastic.



The three R's for a better planet – **reduce, reuse, recycle.**

Find **plastic free alternatives** when buying fruit & vegetables.



BYO **reusable water bottle** instead of buying plastic ones.

Small steps count,
tamariki mā!

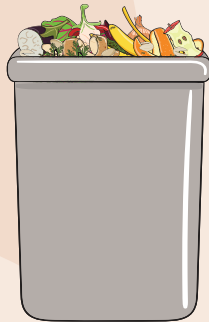
Composting

What is Composting?

Composting is a way to turn food scraps and other natural waste into rich soil that helps plants grow. Think of it as recycling, but for food and garden waste. Composting is good because it reduces waste and instead of throwing away food scraps, you turn them into something useful. Compost also helps plants grow as it is full of nutrients that plants need.

1

Start by collecting things like fruit peels, vegetable scraps, eggshells, coffee grounds, leaves, and grass clippings – these are called organic waste.



Composting is a great way to see science happen at your own whare – you can watch nature recycle!



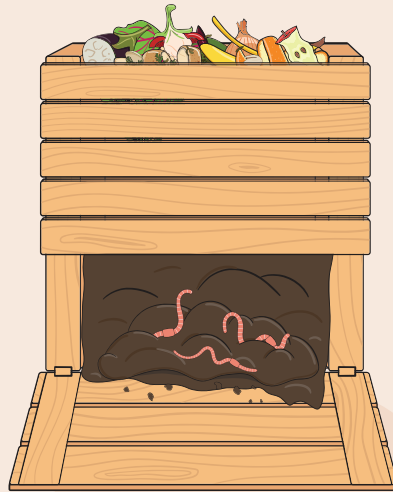
How does it work?

2

Put all these scraps into a special bin, bucket, or a pile in your garden. This is your compost pile.

Nature will do its job! Tiny creatures like worms and bugs, along with bacteria and fungi, will break down the scraps into compost.

Note – this can take a few months.



3

Once everything is broken down, you'll have dark, crumbly soil called compost. You can use this to help your garden plants grow big and strong.



DID YOU KNOW?
Worms help break down the scraps faster. They are composting superheroes!



We shouldn't compost meat, dairy, or oily foods at home because they don't break down well and can attract pests.

He Toa Taiao

DIY – Make your own non-toxic products



Did you know you can make your own non-toxic products at home? Here are some ideas and recipes to try using common household ingredients – give them a go with your whānau!

All-Purpose Cleaner

INGREDIENTS

- » 1 cup white vinegar
- » 1 cup water
- » 10-20 drops of essential oil (optional for fragrance, e.g, lemon, lavender, tea tree)

INSTRUCTIONS

- » Mix vinegar and water in a spray bottle.
- » Add essential oils (if using).
- » Shake well before each use.
- » Spray on surfaces and wipe with a cloth.

Body Scrub

INGREDIENTS

- » 1/2 cup sugar or sea salt
- » 1/4 cup coconut oil or olive oil
- » 10-20 drops of essential oil (e.g., peppermint, lavender)

INSTRUCTIONS

- » Mix all ingredients in a bowl.
- » Store in a jar and use in the shower, rubbing gently onto the skin.

Gift idea!
Make this one for a whānau member as a special homemade present.

Glass Cleaner

INGREDIENTS

- » 1 cup water
- » 1 cup white vinegar
- » 1 tablespoon corn flour (optional for extra shine)

INSTRUCTIONS

- » Combine all ingredients in a spray bottle.
- » Shake well before each use.
- » Spray on glass surfaces and wipe with a lint-free cloth, paper towel, or newspaper.

Air Freshener

INGREDIENTS

- » 1 cup water
- » 1 tablespoon baking soda
- » 10-20 drops of essential oil

INSTRUCTIONS

- » Dissolve baking soda in water in a spray bottle.
- » Add essential oils.
- » Shake well and spray into the air as needed.

Tips

Label all homemade cleaning products with their ingredients.

Store in a cool, dark place and keep out of reach of younger whānau members and pets.

Test a small area first to ensure the cleaner is safe for the surface you intend to use it on.





COLOURING IN



We have a prize pack to giveaway including the Christchurch Monopoly Game, a Ngā Kaitiaki Moni T shirt and a Whai Rawa Pātaka Money Box!

Ask a whānau member to take a photo of your colouring in and post on the Facebook page www.facebook.com/whairawa with the hashtag #kaitiakikid or upload it on our website www.whairawa.com/tamariki/panui Competition closes Sunday 28 July.

General Giveaway Terms can be found here: www.whairawa.com/tamariki/general-terms-for-giveaways

Worth
\$60!



PHOTO TIME!

What does takurua (winter) look like where you're from?

We know that winter can look different around Aotearoa! Send us a photo of your town in winter by asking a whānau member to post on the Facebook page www.facebook.com/whairawa with the hashtag **#kaitiakikid** or upload it on our website www.whairawa.com/tamariki/panui

Be in to win a Ngā Kaitiaki Moni pencil case and a Whai Rawa beanie!

Competition closes Sunday 28 July. General Giveaway Terms can be found here: www.whairawa.com/tamariki/general-terms-for-giveaways



Tūhono Mai

To stay connected with us

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www.whairawa.com
- » Find us on
www.facebook.com/whairawa

We'd love to see what you're up to!

You can ask Mum, Dad or a whānau member to post on social media using the hashtag **#kaitiakikid** for the chance to win some awesome prizes.

They can also help you send us a photo of you with your Kaitiaki Moni certificate, playing some of the games or helping your whānau and friends.

We can't wait to see what you get up to!



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